

Bullying Prevention

Here are the 1st steps we are teaching students to deal with a bully:

STOP: We are using the time-out “T” for our *stop* signal. We’ve talked with the kids about the importance of doing this with a straight face, and actually verbalizing, “stop” or “time-out.”

WALK: After using the time-out signal, the child will just turn and *walk* away.

TALK: Once they have done the first two steps then they should *talk* to an adult. The adult will ask what they’ve done and ask them to do the first steps if they have not. (Unless of course it was something more serious, such as a threat or physical aggression.)

Remember bullying is when someone does something to you to hurt you or make you feel small or useless, and they do it repeatedly.